Goals for IDI pairs:

- 1. Ground the learning we do as a full staff in the seminar sessions.
- 2. Keep the material and your own intercultural development goals more front of mind.
- 3. Provide an avenue to apply the knowledge we are gaining to your own organizational work.

Suggested guidelines to support your interactions:

- Be fully present with your heart and head.
- Listen to understand compassionately. Speak to be understood with compassion.
- Speak your truth.
- Lean into discomfort.
- Embrace complicity and paradox.
- Assume good intent of each other and be aware of your impact.
- Seek intentional learning, not perfection for yourself or your buddy.
- Commit to ongoing development and continuous learning.
- Avoid assumptions. For example, remember that the same IDI profile might mean different things based on people's multiple identities and context.
- Apply the learning to yourself and your role in the organization.
- Respect confidentiality---what is said between you, stays between you. Carry forth your learning back to work with your teams.
- Take risks and gauge your own level of participation.

Initial questions to help guide your beginning conversations:

- If comfortable, share a bit about the individual intercultural development goal(s) you are working on, what you have learned thus far and what you find challenging.
- What are you noticing in the world around you as you think about your own learning?
- What are some of the questions you are thinking about regarding what it means for your team to bring an "equity lens" to its procedures, strategies and desired outcomes?
- What ideas do you have about how we can incorporate this learning into the work of your team?

